

IMAGINE SCHOOL TOWN CENTER

SCHOOL WELLNESS IMPLEMENTATION
UNDER THE HEALTHY, HUNGER-FREE KIDS ACT OF 2010
PROVISIONS OF THE FINAL RULE OF JULY 29, 2016

The school wellness policy is a written document that guides our school efforts to establish a school environment that promotes student's health, well being and ability to learn.

MISSION STATEMENT: The mission of Imagine School Town Center is to promote a healthy lifestyle for students, parents and staff which will ensure maintaining healthy habits. Imagine School will accomplish our mission by the implementation of proper nutrition, physical activity and any other school related activities.

NUTRITION GOALS: Our school will educate, encourage and support healthy eating by all students of all ages. By offering nutritional fare to comply with regulations set by the National School Lunch Program. Offering daily the five nutrient components to ensure well balance nutritional meals. The school will encourage our students to try new nutritional foods alternatives to fatty, sugary staples.

PHYSICAL EDUCATION GOALS: Our school will provide and encourage students to maintain and participate in physical activity. Imagine school will try to exceed the state standards for physical activity.

NUTRITION STANDARDS:

Imagine school will comply with the current USDA Dietary Guidelines and the National School Lunch Program Nutrition Policy.

Our school will choose to be more restrictive in the following:

A LA CARTE OFFERINGS

VENDING MACHINES

FUND RAISERS

ASSP

All food offerings will include healthy choices and provide appropriate selections for all grade levels.

PHYSICAL ACTIVITY GUIDELINES:

Students will have several opportunities for physical activity during school hours.

School will implement physical activities from adopted curriculums.

School will encourage teachers to provide short activity breaks between lessons.

School will provide daily recess period prior to lunch.

School ensures state-certified physical education teachers.

PUBLIC INVOLVEMENT

Permit participation including parents, students and representatives of the school food authority, teachers, nurse and others.

PUBLIC UPDATES

The wellness policy, including any updates will be available through our web site.